Strategic Approach and Measures to Control Population Growth of India

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Abstract

Population growth is increasing in India abundantly, it growth is calculated as one crore population in each and every year, this rate is spoken and discussed generally but reverse to it official data says that 2 crore population is added in every year. Easily population counting and measuring procedure is very quite easy, which authority of India may do and see when people’s food consumption rate is increased than usual consumption. Still government of India has not been identified a suitable approach to contain population growth rate owing to it vote bank purpose, winning in elections, capturing power, exploiting public money, involving in corruptions and rich become so richer and poor people remaining as a more poor people is due to the improper policy and principles of all the government.

Keywords: Polices, Advertisement, Self-control, Government Attentions and Urbanization

Introduction

In order to control and contain population exploration rate government of India have to bring out an awareness regarding to India’s economic and finance problems, its difficulties and hardships to earn revenue and generate income for protect entire India’s people must be illustrated and explained through engaging good scholar in population issues and problems.
Following advanced measures are needed to be controlling and containing population growth:

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**Social Measure:**

Population explosion is not an easy and remedial problems but it is a serious a social life oriented problems its growth and development will create a huge population traffic and congestion as they could not able to live in a spacious place and well sanitized places. Problem of Population explosion is putting hurdles in all the way and path of people’s freedom, liberty and social rights, definitely which must be uprooted from social platform and people’s heart social problem and it is deeply rooted in the society. So efforts must be done to remove the social evils in the country. During present days and years population increasing not seeming as a quite new phenomena since it became as a usual matter of daily wager people and cooli, because they don’t have entertainment like eating good food, attire, cloth, travelling by car, visiting different places and living in a sophisticated places as other rice pole are enjoying these social rights. If the government make an even and quality social status to let them enjoy all their inherent social, economic and political rights.

**Minimum age of Marriage:**

Marriage of girls in India Determines child fertility rate, most of women are marriage so early at so at the age 15, 16, 17, 18, 18, indirectly without doing register marriage and arranged marriage, this early marriages are making them to produce so many children owing to their young age sign, apart from this most people and respondent have said that they don’t have pleasure even in government schemes but we are enjoying family life alone after marriage. All the hardships, stress, hardships, family difficulties and financial problems are vanished at their conjugal relations. As fertility depends on the age of marriage. So the minimum age of marriage should be
raised. In India minimum age for marriage is 21 years for men and 18 years for women have been fixed by law. This law should be firmly implemented and people should also be made aware of this through publicity.

**Raising the Status of Women:**

Since India’s most of village women are marrying at the age 16-19, they are focusing in child production much more than people who are marrying at right age. Therefore, their health is likelihood to make feeble and became lazy and inability in the mid of their life and career. Since they are producing and delivering much children at so young age their life is diminished and confined within the circle of husband and children, from these stage and situations women are not able to possess fundamental rights of granted by constitution and government since India’s Independence. So, government always thinking to encroach people’s rights indirectly in order to reduce its public expenditure and take reduced money to their pocket. Child delivering rate from women side could be reduced if they are engaged at constant work, enjoyment, amusement, caricature and offering privileges by government, these work of government would make them to pay attention on work and responsibility instead of paying attentions on conjugal life.

**Advertisements**

There is still discrimination to the women. They are confined to four walls of house. They are still confined to rearing and bearing of children. So women should be given opportunities to develop socially and economically. Free education should be given to them.

**Spread of Education:**

The spread of education changes the outlook of people. The educated men prefer to delay marriage and adopt small family norms. Educated women are health conscious and avoid frequent pregnancies and thus help in lowering birth rate.

**Advertisements:**

Some parents do not have any child, despite costly medical treatment. It is advisable that they should adopt orphan children. It will be beneficial to orphan children and children couples.
Change in Social Outlook:
Social outlook of the people should undergo a change. Marriage should no longer be considered a social binding. Issueless women should not be looked down upon.

Social Security:
More and more people should be covered under social security schemes. So that they do not depend upon others in the event of old age, sickness, unemployment etc. with these facilities they will have no desire for more children.

More employment opportunities:
The first and foremost measure is to raise, the employment avenues in rural as well as urban areas. Generally in rural areas there is disguised unemployment. So efforts should be made to migrate unemployed persons from rural side to urban side. This step can check the population growth.

Development of Agriculture and Industry:
Advertisements:
If agriculture and industry are properly developed, large number of people will get employment. When their income is increased they would improve their standard of living and adopt small family norms.

Standard of Living:
Improved standard of living acts as a deterrent to large family norm. In order to maintain their higher standard of living people prefer to have a small family. According to A.K. Das Gupta those who earn less than Rs. 100 per month have on the average a reproduction rate of 3.4 children and those who earn more than Rs. 300 per month have a reproduction rate of 2.8 children.

Urbanization
It is on record that people in urban areas have low birth rate than those living in rural areas. Urbanization should the major way for reduce population growth.
The following are the other measures:

**Late Marriage:**

As far as possible, marriage should be solemnized at the age of 30 years. This will reduce the period of reproduction among the females bringing down the birth rate. The govt. has fixed the minimum marriage age at 21 yrs. for males and 18 yrs. for females.

**Self Control:**

According to some experts, self control is one of the powerful methods to control the population. It is an ideal and healthy approach and people should be provided to follow. It helps in reducing birth rate.

**Family Planning:**

This method implies family by choice and not by chance. By applying preventive measures, people can regulate birth rate. This method is being used extensively; success of this method depends on the availability of cheap contraceptive devices for birth control. According to Chander Shekher, “Hurry for the first child, Delay the second child and avoid the third.”

**Recreational Facilities:**

Birth rate will likely to fall if there are different recreational facilities like cinema; theatre, sports and dance etc. are available to the people.

**Publicity:**

The communication media like T.V., radio and newspaper are the good means to propagate the benefits of the planned family to the uneducated and illiterate persons especially in the rural and backward areas of country.

**Incentives:**

The govt. can give various types of incentives to the people to adopt birth control measures. Monetary incentives and other facilities like leave and promotion can be extended to the working class which adopts small family norms.
Employment to Woman:

Another method to check the population is to provide employment to women. Women should be given incentive to give services in different fields. Women are taking active part in competitive examinations. As a result their number in teaching, medical and banking etc. is increasing rapidly. In brief by taking, all there measures we can control the growth of population.

Conclusion

Frustration, dissatisfaction, sadness, aversion, angry, worries, misery and lack of basic needs makes poor people to pay attentions on involving child delivering activities. These worries of the poor people must be uprooted by the government necessary lifting polices in both state level and central level, making them commit on steady and steadfast work would be a best way for reduce their attention on family child delivering happiness. Multiple family’s happiness on child delivering activities are making constant growth in India’s total population. Unless commitment and work for men and women they shall do work in family to deliver children, if they are engaged frequently at any work they will pay less attention on delivering children.

References


